

Queen of Angels Catholic School
Wellness Grade 3 and 4 Curriculum – Cycle B

Student Name _____

Big Ideas are indicted in bold. Related *Essential Learnings* are indicted in regular type. *PA Standards for Health, Safety, and Physical Education* are indicted with numbers.

Learning of Goals Assessed with Rubric Indictors- An “S” indicates skill Secured.
- A “D” indicates a skill is Developing

10.2.3B-Identify health-related information	
<ul style="list-style-type: none"> • signs and symbols, terminology, products and services 	
10.2.3C-Identify media sources that influence health and safety both positive and negative influences	
10.2.3D-Identify the steps in a decision-making process.	
<ul style="list-style-type: none"> • Goal setting 	
10.2.3E-Identify environmental factors that affect health	
<ul style="list-style-type: none"> • pollution (air, water, noise, soil) • Waste disposal. Temperature extremes, insects/animals. 	
10.3.3C- Recognize conflicts situations and identify strategies to avoid or resolve...	
<ul style="list-style-type: none"> • Walk away, I- statements, refusal skills, adult intervention. 	
<ul style="list-style-type: none"> • Communication skills: 	
<ul style="list-style-type: none"> • verbal and nonverbal 	
<ul style="list-style-type: none"> • body language 	
<ul style="list-style-type: none"> • listening skills. 	