

Know and apply appropriate emergency responses.10.3.6B-

- Basic first aid
- Heimlich maneuver and universal.

Analyze nutritional concepts that impact health.10.1.6C-

- Caloric content of foods
- Relationship of food intake and physical activity (energy output).
- Nutrient requirements
- Label reading
- Healthful food selection

Analyze the role of individual responsibility of safety during physical activity.10.3.6D-

Analyze factors that impact nutritional choices of adolescents. 10.1.9 C

- Body image, eating disorders