

-Analyze environmental factors that impact health10.2.6E

- Indoor air quality(second-hand smoke, allergens)
- Chemicals. Metals, gases (lead. radon. carbon monoxide)
- Radiation
- Natural disasters
- Disease (cancer, diabetes. Cardiovascular diseases)
- Preventions, (do not smoke, maintain proper weight, eat a balance diet, and be physical active).

- Identify health problems that can occur throughout life and describe ways to prevent them10.1.6E

- Disease (cancer, diabetes. Cardiovascular diseases)
- Preventions, (do not smoke, maintain proper weight, eat a balance diet, and be physical active).

Explain the relationship between personal health practices and individual well-being10.2.6A-

- Immunization, health examinations

Describe strategies to avoid or manage conflict and violence 10.3.6C-

- Anger management.
- Peer mediation
- reflective listening
- Negotiation
- Relationship skills (making friends, overcoming obstacles to friendship, surviving the difficult times, helping a friend).
- Building self-esteem